

ART QUILT MIDWEST 2025 University of Central Missouri Warrensburg, Missouri

June 22-28, 2025

Light and Lacy

Valerie Goodwin

Equipment: (put your name on everything if you can)

Notebook and/or sketchbook

Pencil and/or pen

Sewing machine complete with a walking foot and a free motion foot. Some of you will choose to sew by machine, some by hand, some will prefer to fuse –I encourage you to consider all 3 options.

Small pair of very sharp Scissors for cutting fabric

Small pair of Scissors for cutting paper

Needles for hand sewing

Pins

An assortment of embroidery and quilting needles.

A variety of sew machine thread that you favor – including black, white and gray.

Any decorative threads that you like for hand sewing.

Thimble

Seam ripper

Inexpensive Flat artist Brushes: ranging in size from ¼” to 1” flat art brush

Inexpensive 2” (+/-) house painter’s brush

Medium sized Rotary Cutter

Gridded rotary cutter ruler

Inexpensive rubber gloves if you don’t like getting paint on your hands.

Teflon Sheet or parchment paper

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A few plastic plates & cups as well as garbage bags.
1 yd of Misty- Fuse WHITE (www.mistyfuse.com)

Although white silk organza is part of the class fee please bring additional silk organza – a few half yards of colors that you like.

Polyester silk organza is not recommended. Allow for shipping time. They can be bought from:

<http://www.voguefabricsstore.com/Silk-Organza-Fabric/>

https://www.denverfabrics.com/c1030_apparel-fabric-silk-fabrics-silk-organza

https://www.thaisilks.com//index.php?cPath=1_11

<http://www.etsy.com/> (please do a search – etsy vendors oftentimes sell them)

Opaque Fabric scraps -- Pick any colors that you like. You may want to consider using:

Varied commercial or hand dyed solid fabrics.
Marbled fabric
Fabric w/ subtle prints.
Kimono Scraps

EXTREMELY OPTIONAL (ONLY IF YOU ALREADY HAVE THIS):

- An iPad with the “Procreate” graphics editor app + Apple Pencil and/or
Lap Top with Adobe Illustrator
- Flash Drive

NOTE: This is mainly a hands-on -- NOT a tech workshop. The items above are listed for those who want a little instruction how to use these programs.